## Tinnitus Handicap Inventory (Only complete if you have tinnitus or ringing in the ears)

the Tinnitus Handicap Inventory.	Pa	tient Name:	Date	:			
2. Does the loudness of your tinnitus make it difficult for you to hear people?  3. Does your tinnitus make you angry?  4. Does your tinnitus make you feel confused?  5. Because of your tinnitus, do you feel desperate?  6. Do you complain a great deal about your tinnitus?  7. Because of your tinnitus, do you have trouble falling to sleep at night?  8. Do you feel as though you cannot escape your tinnitus?  9. Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to clinner, to the movies)?  10. Because of your tinnitus, do you feel frustrated?  11. Because of your tinnitus, do you feel frustrated?  12. Does your tinnitus make it difficult for you to enjoy life?  13. Does your tinnitus interfere with your job or household responsibilities?  14. Because of your tinnitus, do you find that you are often irritable?  15. Because of your tinnitus, is it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you feel depressed?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel depressed?  23. Do you feel that you can no longer cope with your tinnitus?  Yes Sometimes No Per Climician Use ealy  No Por Climician Use ealy			_		xperie	encir	ng
3. Does your tinnitus make you angry? 4. Does your tinnitus make you feel confused? 5. Because of your tinnitus, do you feel desperate? 6. Do you complain a great deal about your tinnitus? 7. Because of your tinnitus, do you have trouble falling to sleep at night? 7. Because of your tinnitus, do you have trouble falling to sleep at night? 7. Because of your tinnitus, do you have trouble falling to sleep at night? 7. Because of your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner, to the movies)? 7. Because of your tinnitus, do you feel frustrated? 7. Sometimes No 11. Because of your tinnitus, do you feel that you have a terrible disease? 7. Yes Sometimes No 12. Does your tinnitus make it difficult for you to enjoy life? 7. Does your tinnitus interfere with your job or household responsibilities? 7. Yes Sometimes No 13. Does your tinnitus, is it difficult for you to read? 7. Yes Sometimes No 14. Because of your tinnitus, is it difficult for you to read? 7. Because of your tinnitus, is it difficult for you to read? 7. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends? 7. Do you feel that you from the problem has placed stress on your relationships with members of your family and friends? 7. Do you feel that you from your attention away from your tinnitus and on other things? 7. Do you feel that you have no control over your tinnitus? 7. Sometimes No 20. Because of your tinnitus, do you often feel tired? 7. Yes Sometimes No 21. Because of your tinnitus, do you often feel tired? 7. Yes Sometimes No 22. Does your tinnitus make you feel depressed? 7. Yes Sometimes No Por Clinician Use only Per Climician Use		1. Because of your tinnitus, is it difficult for you to concentrate?	Yes	Some	etimes	;	No
4. Does your tinnitus make you feel confused?  5. Because of your tinnitus, do you feel desperate?  6. Do you complain a great deal about your tinnitus?  7. Because of your tinnitus, do you have trouble falling to sleep at night?  8. Do you feel as though you cannot escape your tinnitus?  9. Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner, to the movies)?  10. Because of your tinnitus, do you feel flustrated?  11. Because of your tinnitus, do you feel that you have a terrible disease?  12. Does your tinnitus make it difficult for you to enjoy life?  13. Does your tinnitus interfere with your job or household responsibilities?  14. Because of your tinnitus, do you find that you are often irritable?  15. Because of your tinnitus, it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you offen feel tired?  21. Because of your tinnitus, do you offen feel tired?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus make you feel insecure?  No  10. Does your tinnitus make you feel insecure?  10. Doe		2. Does the loudness of your tinnitus make it difficult for you to hear people?	Yes	Some	etimes		No
S. Because of your tinnitus, do you feel desperate?  6. Do you complain a great deal about your tinnitus?  7. Because of your tinnitus, do you have trouble falling to sleep at night?  8. Do you feel as though you cannot escape your tinnitus?  9. Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner, to the movies)?  10. Because of your tinnitus, do you feel frustrated?  11. Because of your tinnitus, do you feel that you have a terrible disease?  12. Does your tinnitus make it difficult for you to enjoy life?  13. Does your tinnitus, do you find that you are often irritable?  14. Because of your tinnitus, interfere with your job or household responsibilities?  15. Because of your tinnitus, is it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your finnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  19. Do you feel that you have no control over your tinnitus?  10. Because of your tinnitus, do you often feel tired?  11. Because of your tinnitus, do you feel depressed?  12. Dees your tinnitus make you feel anxious?  13. Do you feel that you have no control over your tinnitus?  14. Sometimes  15. No  16. Does your tinnitus, do you feel depressed?  17. Do you feel that you can no longer cope with your tinnitus?  18. Do you feel that you can no longer cope with your tinnitus?  19. Do you feel that you can no longer cope with your tinnitus?  20. Because of your tinnitus make you feel insecure?  21. Dees your tinnitus make you feel insecure?  22. Does your tinnitus make you feel insecure?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus make you feel insecure?  25. Sometimes  26. No  27. For Climician Use only  16. Por Climician Use only  17. Total Per Column		3. Does your tinnitus make you angry?	Yes	Some	etimes	6	No
6. Do you complain a great deal about your tinnitus?  7. Because of your tinnitus, do you have trouble falling to sleep at night?  8. Do you feel as though you cannot escape your tinnitus?  9. Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner, to the movies)?  10. Because of your tinnitus, do you feel frustrated?  11. Because of your tinnitus, do you feel frustrated?  12. Does your tinnitus make it difficult for you to enjoy life?  13. Does your tinnitus make it difficult for you to enjoy life?  14. Because of your tinnitus, do you find that you are often irritable?  15. Because of your tinnitus, is it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus make you feel insecure?  No  25. Does your tinnitus make you feel insecure?  No  No  No  No  No  No  No  No  No  N		4. Does your tinnitus make you feel confused?	Yes	Some	etimes	6	No
7. Because of your tinnitus, do you have trouble falling to sleep at night?  8. Do you feel as though you cannot escape your tinnitus?  9. Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner, to the movies)?  10. Because of your tinnitus, do you feel frustrated?  11. Because of your tinnitus, do you feel frustrated?  12. Does your tinnitus make it difficult for you to enjoy life?  13. Does your tinnitus make it difficult for you to enjoy life?  14. Because of your tinnitus, do you find that you are often irritable?  15. Because of your tinnitus, is it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your tinnitus make you upset?  18. Do you find it difficult to focus your attention away from your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus make you feel insecure?  No  15. Does your tinnitus make you feel insecure?  16. Does your tinnitus make you feel insecure?  17. Total Per Column  18. Per Colum		5. Because of your tinnitus, do you feel desperate?	Yes	Some	etimes	3	No
8. Do you feel as though you cannot escape your tinnitus?  9. Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner, to the movies)?  10. Because of your tinnitus, do you feel frustrated?  11. Because of your tinnitus, do you feel that you have a terrible disease?  12. Does your tinnitus make it difficult for you to enjoy life?  13. Does your tinnitus interfere with your job or household responsibilities?  14. Because of your tinnitus, is it difficult for you to read?  15. Because of your tinnitus, is it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you feel depressed?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus make you feel insecure?  15. Does your tinnitus make you feel insecure?  16. Total Per Column  17. Total Per Column  18. Does your tinnitus make you feel insecure?  18. Does your tinnitus make you feel insecure?  19. Sometimes  10. No  21. Because of your tinnitus, do you often feel tired?  22. Does your tinnitus make you feel insecure?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus make you feel insecure?  15. Does your tinnitus make you feel insecure?  16. Does your tinnitus make you feel insecure?  17. Does your tinnitus make you feel insecure?  18. Does your tinnitus make you fe		6. Do you complain a great deal about your tinnitus?	Yes	Some	etimes	3	No
9. Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner, to the movies)?  10. Because of your tinnitus, do you feel frustrated?  11. Because of your tinnitus, do you feel that you have a terrible disease?  12. Does your tinnitus make it difficult for you to enjoy life?  13. Does your tinnitus interfere with your job or household responsibilities?  14. Because of your tinnitus, do you find that you are often irritable?  15. Because of your tinnitus, is it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus make you feel insecure?  No  25. Does your tinnitus make you feel insecure?  16. Does your tinnitus make you feel insecure?  17. Total Per Column  18. Do you feel that you can no longer cope with your tinnitus?  18. Do you feel that you can no longer cope with your tinnitus?  26. Sometimes  19. No  27. Does your tinnitus make you feel insecure?  28. Sometimes  19. No  29. Does your tinnitus make you feel insecure?  20. Does your tinnitus make you feel insecure?  20. Does your tinnitus make you feel insecure?  21. Total Per Column  22. Does your tinnitus make you feel insecure?		7. Because of your tinnitus, do you have trouble falling to sleep at night?	Yes	Some	etimes		No
(such as going out to dinner, to the movies)?  10. Because of your tinnitus, do you feel frustrated?  11. Because of your tinnitus, do you feel that you have a terrible disease?  12. Does your tinnitus make it difficult for you to enjoy life?  13. Does your tinnitus interfere with your job or household responsibilities?  14. Because of your tinnitus, do you find that you are often irritable?  15. Because of your tinnitus, is it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus make you feel insecure?  No  25. Does your tinnitus make you feel insecure?  16. Does your tinnitus make you feel insecure?  17. Ves Sometimes  No  26. Sometimes  18. No  27. Total Per Column  18. Do you feel that you can no longer cope with your tinnitus?  28. Sometimes  19. No  29. Does your tinnitus make you feel insecure?  10. Sometimes  10. No  11. Because of your tinnitus make you feel insecure?  18. Sometimes  19. No  29. Does your tinnitus make you feel insecure?  20. Sometimes  21. No  22. Does your tinnitus make you feel insecure?  22. Does your tinnitus make you feel insecure?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus make you feel insecure?  29. Sometimes  20. No  21. Problema  21. Problema  22. Does your tinnitus make you feel insecure?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus make you feel your feel your feel your feel your feel you		8. Do you feel as though you cannot escape your tinnitus?	Yes	Some	etimes	;	No
11. Because of your tinnitus, do you feel that you have a terrible disease?  Yes Sometimes No  12. Does your tinnitus make it difficult for you to enjoy life?  Yes Sometimes No  13. Does your tinnitus interfere with your job or household responsibilities?  Yes Sometimes No  14. Because of your tinnitus, do you find that you are often irritable?  Yes Sometimes No  15. Because of your tinnitus, is it difficult for you to read?  Yes Sometimes No  16. Does your tinnitus make you upset?  Yes Sometimes No  17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  Yes Sometimes No  19. Do you feel that you have no control over your tinnitus?  Yes Sometimes No  20. Because of your tinnitus, do you often feel tired?  Yes Sometimes No  21. Because of your tinnitus, do you feel depressed?  Yes Sometimes No  22. Does your tinnitus make you feel anxious?  Yes Sometimes No  23. Do you feel that you can no longer cope with your tinnitus?  Yes Sometimes No  24. Does your tinnitus get worse when you are under stress?  Yes Sometimes No  25. Does your tinnitus make you feel insecure?  Yes Sometimes No  No  For Clinician Use only  Total Per Column  No  No  No  No  No  No  No  No  No  N			Yes	Some	etimes	;	No
12. Does your tinnitus make it difficult for you to enjoy life?  13. Does your tinnitus interfere with your job or household responsibilities?  14. Because of your tinnitus, do you find that you are often irritable?  15. Because of your tinnitus, is it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus make you feel insecure?  15. Does your tinnitus make you feel insecure?  16. Does your tinnitus make you feel insecure?  17. Ves Sometimes  18. No  29. Sometimes  19. No  20. Because of your tinnitus, do you often feel tired?  20. Sometimes  21. Per Column  22. Does your tinnitus make you feel insecure?  23. Do you feel that you can no longer cope with your tinnitus?  24. Sometimes  25. Does your tinnitus make you feel insecure?  15. Does your tinnitus make you feel insecure?  16. Does your tinnitus make you feel insecure?  17. Does your tinnitus make you feel insecure?  18. Sometimes  19. No  19. Do you feel that you can no longer cope with your tinnitus?  26. Sometimes  19. No  27. Does your tinnitus make you feel insecure?  10. Total Per Column  10. At your day of the feel of the your your your your your your your your		10. Because of your tinnitus, do you feel frustrated?	Yes	Some	etimes	;	No
13. Does your tinnitus interfere with your job or household responsibilities?  14. Because of your tinnitus, do you find that you are often irritable?  15. Because of your tinnitus, is it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  18. Do you feel that you have no control over your tinnitus?  26. Sometimes  19. No  27. Sometimes  19. No  28. Sometimes  19. No  29. Sometimes  10. No  20. Because of your tinnitus, do you feel depressed?  21. Because of your tinnitus make you feel anxious?  22. Does your tinnitus make you feel insecure?  23. Do you feel that you can no longer cope with your tinnitus?  29. Sometimes  10. No  10. Total Per Column  10. Total Per Column  11. Total Per Column  12. Total Per Column  13. Total Per Column  14. Total Per Column  15. Does your tinnitus make you feel insecure?  15. Does your tinnitus make you feel insecure?  16. Does your tinnitus make you feel insecure?  17. Does your tinnitus make you feel insecure?  18. Does your tinnitus make you feel insecure?  18. Does your tinnitus make you feel insecure?  19. Sometimes  10. Yes Sometimes  10. No  10. Yes Sometimes  10. Yes So		11. Because of your tinnitus, do you feel that you have a terrible disease?	Yes	Some	etimes		No
14. Because of your tinnitus, do you find that you are often irritable?  15. Because of your tinnitus, is it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  16. Does your tinnitus get worse when you are under stress?  17. Sometimes  18. No  29. Sometimes  19. No  20. Because of your tinnitus, do you often feel tired?  20. Because of your tinnitus, do you feel depressed?  21. Because of your tinnitus make you feel anxious?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  29. Sometimes  10. No  20. Per Column  10. No  10. Per Column  10. No  10. No  10. Per Column  10. No  1		12. Does your tinnitus make it difficult for you to enjoy life?	Yes	Some	etimes		No
15. Because of your tinnitus, is it difficult for you to read?  16. Does your tinnitus make you upset?  17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  Total Per Column  Total Per Column  Total Per Column  No  16. Does your tinnitus, it is difficult for you to read?  Yes Sometimes No  For Clinician Use only  No  17. Do you feel that you can no longer cope with your tinnitus?  Yes Sometimes No  Total Per Column  Total Per Column  No  Total Per Column		13. Does your tinnitus interfere with your job or household responsibilities?	Yes	Some	etimes		No
16. Does your tinnitus make you upset?  17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  17. Total Per Column  18. Do you feel that you have no control over your tinnitus?  26. Sometimes  18. No  27. Because of your tinnitus, do you often feel tired?  28. Sometimes  29. Sometimes  20. No  21. Because of your tinnitus make you feel anxious?  21. Sometimes  22. Does your tinnitus make you feel insecure?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  29. Sometimes  20. No  21. Possible of the tinnitus of the tinnitus?  21. Total Per Column  22. Does your tinnitus make you feel insecure?  23. Does your tinnitus make you feel insecure?  24. Total Per Column  25. Does your tinnitus make you feel insecure?  26. Does your tinnitus make you feel insecure?  27. Total Per Column  28. Total Per Column  29. Total Per Column  20. Total Per Column  20. Total Per Column  20. Total Per Column		14. Because of your tinnitus, do you find that you are often irritable?	Yes	Some	etimes		No
17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  Yes Sometimes No  26. Does your tinnitus make you feel insecure?  Yes Sometimes No  Total Per Column		15. Because of your tinnitus, is it difficult for you to read?	Yes	Some	etimes		No
with members of your family and friends?  18. Do you find it difficult to focus your attention away from your tinnitus and on other things?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  Yes Sometimes No  26. Does your tinnitus make you feel insecure?  Yes Sometimes No  Total Per Column		16. Does your tinnitus make you upset?	Yes	Some	etimes	6	No
on other things?  19. Do you feel that you have no control over your tinnitus?  20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  No  26. Does your tinnitus make you feel insecure?  Total Per Column			Yes	Some	etimes	5	No
20. Because of your tinnitus, do you often feel tired?  21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  Yes Sometimes No  Yes Sometimes No  Yes Sometimes No  Total Per Column			Yes	Some	etimes	5	No
21. Because of your tinnitus, do you feel depressed?  22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  Yes Sometimes No  Yes Sometimes No  Yes Sometimes No  Total Per Column		19. Do you feel that you have no control over your tinnitus?	Yes	Some	etimes		No
22. Does your tinnitus make you feel anxious?  23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  Yes Sometimes No  Yes Sometimes No  Yes Sometimes No  For Clinician Use only  Total Per Column		20. Because of your tinnitus, do you often feel tired?	Yes	Some	etimes	;	No
23. Do you feel that you can no longer cope with your tinnitus?  24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  Yes Sometimes No  For Clinician Use only  Total Per Column		21. Because of your tinnitus, do you feel depressed?	Yes	Some	etimes	;	No
24. Does your tinnitus get worse when you are under stress?  25. Does your tinnitus make you feel insecure?  Yes Sometimes No  For Clinician Use only  Newman, C.W., Jacobson, G.P., Spitzer, J.B. (1996). Development of the Tinnitus Handicap Inventory.  Total Per Column  Total Per Column  x4  x2  x0		22. Does your tinnitus make you feel anxious?	Yes	Some	etimes	5	No
25. Does your tinnitus make you feel insecure?  Yes Sometimes No  For Clinician Use only  Newman, C.W., Jacobson, G.P., Spitzer, J.B. (1996). Development of the Tinnitus Handicap Inventory.  X4  x2  x0		23. Do you feel that you can no longer cope with your tinnitus?	Yes	Some	etimes		No
For Clinician Use only  Newman, C.W., Jacobson, G.P., Spitzer, J.B. (1996). Development of the Tinnitus Handicap Inventory.  Total Per Column  x4  x2  x0		24. Does your tinnitus get worse when you are under stress?	Yes	Some	etimes		No
Newman, C.W., Jacobson, G.P., Spitzer, J.B. (1996). Development of the Tinnitus Handicap Inventory.  Total Per Column  x4  x2  x0		25. Does your tinnitus make you feel insecure?	Yes	Some	etimes	3	No
Total soors		wman, C.W., Jacobson, G.P., Spitzer, J.B. (1996). Development of		inician U			x0
		Total score		1 _ [		+	

## Tinnitus Health Inventory (Only complete if you have tinnitus or ringing in the ears)

Name:	DATE OF BIRTH:	DATE:	:	-
Place a check mark in the appropriate column.  During the past week	Rarely or none of the time (less than 1 day)	Some or a little of the time (1-2 days)	Occasionally or a moderate amount of time (3-4 days)	All of the time (5-7 days)
1. I was bothered by things that usually don't	, ,	, , ,	, , ,	
bother me.				
2. I did not feel like eating, my appetite was poor.				
3. I felt that I could not shake off the blues even				
with help from my family.				
4. I felt that I was just as good as other people.				
5. I had trouble keeping my mind on what I was				
doing.				
6. I felt depressed.				
7. I felt that everything I did was an effort.				
8. I felt hopeful about the future.				
9. I thought my life had been a failure.				
10. I felt fearful.				
11. My sleep was restless.				
12. I was happy.				
13. I talked less than usual.				
14. I felt lonely.				
15. People were unfriendly.				
16. I enjoyed life.				
17. I had crying spells.				
18. I felt sad.				
19. I felt that people disliked me.				
20. I could not "get going."				

X:	

**Patient Signature**